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Post Procedure Care Toe Nail Removal

- 1. Elevate and rest foot for first 12-24 hours after
- 2. May take Ibuprofen, Aleve, or Tylenol as need for pain
- 3. Removal initial bandage after 24 hours
- 4. Soak foot in 1 tsp. Epson salt and 1 quart warm water for 30 minutes twice daily for 7 days
- 5. Apply antibiotic ointement and bandage daily to nail bed
- 6. Continue antibiotics (if prescribied) until finished
- 7. Call physician if increased redness, pain, or drainage from wound occurs